Successes with cellular nutrients confirm vitamin research findings
## CONTENT

Foreword by Dr. Rath .................. 10
What is cancer? ......................... 15
Common types of cancer ............... 19
  Breast cancer
  Ovarian cancer
  Uterine cancer
  Testicular cancer
  Prostate cancer
  Leukaemia

Other types of cancer ..................... 65
  Cancer of the appendix
  Colon cancer
  Bladder cancer
  Sinus cancer
  Thyroid cancer
  Kidney cancer
  Lung cancer
  Cancer of the parotid gland
  Non-Hodgkin lymphoma

Appendix ........................................ 103
Cancer is no longer a death sentence!

The scientific foundations for ending the cancer epidemic have been described in detail in the book “Victory over Cancer”, which has already been translated into numerous languages.

The present book, “The Proof”, now documents accounts by patients who have put their faith in these scientifically founded natural medical approaches. Most of these patients have been living a normal life for many years now – without suffering the agonies of chemotherapy, radiotherapy or other desperate measures used in orthodox cancer treatment.

The reports by cancer patients which we have compiled here document better than any clinical study the historic breakthrough that we are currently witnessing in this field of medicine – the transformation that is creating a world without fear of the “cancer” diagnosis.

The letters published here are representative of many hundreds of others received from cancer patients who wish to pass on to others – to you - their experiences with this disease.

The patients describe their “journey”, from the terror of the first moment when they receive the cancer diagnosis, followed by pressure put on them by doctors to subject themselves at all costs to chemo- and radiotherapy, then their battles with themselves about the right course of action through to finding the courage to say “No” to systematic poisoning of their body – and finally the realisation that they had made the right choice!

Naturally this book does not hold out the promise to readers that micronutrients – or cellular nutrients as we call them – can heal all types of cancer. In particular this will not be possible if the cancer is already far advanced or if numerous cycles of chemotherapy have severely damaged or even destroyed a patient’s own immune system.

I know of no other research institute in recent years that has published more scientific studies on breakthroughs in natural cancer treatment than our research institute in California. These studies have been published online and are freely available at www.cancer-free-world.org/scientific_facts/index.php.

The momentum built up by the intensity of this fundamental scientific research has ensured that a large number of major clinical studies on cellular nutrients in relation to cancer are now being carried out at leading research centres and university clinics.

As you read this book, over a hundred such clinical studies are underway in the USA alone. It is foreseeable that within a few years cancer will change from being a “death sentence” to a treatable – and above all avoidable – disease.
The only interest group that still opposes the breathtaking prospect of a “world without cancer” is the pharma lobby with its billion-dollar investment in the “chemo” business. We must therefore recognise that the right to live in a world free of cancer is not going to be handed to us on a plate. We are going to have to work hard to achieve it.

If you wish to play a part in this great task, you will need to get all the information you can. If you do not already know it, you should read the book, “Victory over Cancer”. Part 1 of this book sets out the basic scientific information in an accessible way, and part 2 explains why you have not yet heard about this breakthrough.

It is self-evident that we cannot achieve this important goal of a “world without cancer” as isolated individuals. This is why we have launched an initiative in which all who wish to achieve this goal with us can work together. You will find further information on this at the websites listed below. If you can see your way to doing this, you could found an initiative in your locality, to make your town or city a “cancer-free” zone.

I invite you to join us in this common endeavour. We should do this for ourselves, our children, and for all future generations.

The time to act is now!

Cordially yours
Dr. Matthias Rath

www.cancer-free-world.org

Important notes

Some of the letters published here, from patients to Dr. Rath, were abbreviated for reasons of space. Every single letter, in the form published here, received its author’s renewed confirmation and approval in the form of a signature.

Each patient also signed a declaration of agreement to publish. As the publishers of this book we guarantee the authenticity of all reports and letters reprinted here, specifically also in cases where – to protect privacy – we were asked to remove the patient’s full name.

Many users of cellular nutrients also submitted their full medical records to us. We have printed copies here of some of these medical reports and x-rays in order to ensure that readers can understand this important documentation without medical knowledge.

If these reports give you pause for thought, and if you think that they might help people in your family circle, or your friends and acquaintances, or also your neighbours and people in your local community or area, then do pass this documentation on.

By doing so you will be helping others, and possibly even saving lives!
What is cancer?

All cells, even healthy ones, that wish to migrate through the body, have to first dissolve the surrounding connective tissue consisting of a dense network of collagen fibres (connective tissue matrix). For this purpose cells can secrete special enzymes capable of digesting this collagen matrix.

Under normal conditions, certain cells already use the same mechanism – the ovum, for instance, at ovulation, or the white blood corpuscles when ‘migrating’ to the site of an infection. When whole organs, too, are reconfigured - for example the womb during pregnancy or the female breast while breast-feeding – this occurs through controlled tissue breakdown and subsequent resynthesis. Under normal (physiological) conditions, the production and activity of these enzymes is carefully controlled so that they are only active for a short period, thus preventing continuous breakdown of collagen and permanent damage to tissue.
Orthodox cancer treatment and its side effects

Cancer has been treated for decades by standard methods such as surgery, chemotherapy and radiotherapy. The most commonly used forms of treatment – chemotherapy and radiotherapy – indiscriminately attack not only cancer cells but also healthy cells, which is why they are associated with severe side effects. The most common side effect is the growth of new cancer, since both chemo- and radiotherapy cause damage to genetic material (DNA).

Cellular nutrients can control decisive stages of cancer cell migration

Cellular nutrients can help inhibit the spread of cancer cells in four major ways:

1. They can inhibit the reproduction of cancer cells.
2. They can inhibit the spread of cancer cells, a precondition of metastasis.
3. They can inhibit the formation of tumour blood vessels by means of which the growing tumour is nourished.
4. They can kill cancer cells.
Important cellular nutrients for combating cancer

Important substances and their functions:

**Vitamin C**
is needed for forming collagen and thus for connective tissue stability. Trials at the US National Institute of Health (NIH) have shown that vitamin C at high concentrations can kill cancer cells without impairing healthy cells.

**Lysine and Proline**
are natural amino acids which primarily serve as constituents of collagen molecules and thus support tissue stability. They are also capable of at least partially inhibiting the collagen-digesting enzymes and thus counteracting the unhindered spread of cancer cells.

**Polyphenols**
are likewise capable of inhibiting the activity of collagen-digesting enzymes, and thus combat the spread of cancer cells.

**N-acetyl cysteine (NAC)**
is a strong anti-oxidant and important for the synthesis of glutathione, another effective anti-oxidant.

**Arginine**
improves the action of the immune system and inhibits the reproduction of cancer cells.

**Selenium**
is an important component of the anti-oxidative defence system and protects cells against toxins. It can also inhibit the growth of tumour cells.

**Specific plant extracts**
have important protective functions for the human body, especially as a natural means to counteract cell mutation and cancer, due to their strong anti-oxidative properties and their ability to combat bacteria, viruses and other harmful agents.

Common types of cancer

In their book, “Victory over Cancer”, Dr. Matthias Rath and Dr. Aleksandra Niedzwiecki explain why cancer is especially common in organs in which breakdown of connective tissue already occurs under normal physiological conditions.

The reproductive organs are the first such organ group, susceptible to cancer types that include breast cancer, ovarian cancer, uterine cancer, cervical cancer, testicular cancer and prostate cancer.

Below you will first find a few examples of people affected by these types of cancer, who report here on their experiences with cellular nutrients.
Breast cancer

Dear Dr. Rath

I thank my lucky stars every day that I found out about Cellular Medicine.

In 2002, at the age of 60, I stopped working due to heart arrhythmia and high blood pressure.

These complaints arose from long periods of stress. For two long years I took pharma pills but my condition did not improve.

By now my pulse rate had fallen to 35 bpm, and 49 after exertion. Then I remembered the lecture of yours I had attended years before in Hamburg, and I started to take cellular nutrients.

After a week I already felt a slight improvement in the heart arrhythmia. After a month it had almost disappeared. Then I went to my GP and she found that my blood pressure and pulse rate had also improved. She was astonished and said, “This has nothing to do with the pills you’re taking.”

At this I told her about Cellular Medicine and she was pleasantly surprised.

In 2008, during a routine mammogram, a small cancerous tumour was found. My family urged me to have an operation: a small piece was removed from my breast and a few lymph nodes in my armpit.

Following this I was meant to take pharma pills for five years to prevent a recurrence of cancer, and also to receive precautionary radiotherapy – but I categorically refused.

I am very pleased that I did so, for today I am in the best of health. No cancer ever recurred, for I kept using cellular nutrients throughout.

I have absolute confidence in cellular nutrients, and my health could not be better!

Warm and healthy greetings
Ilse Goersch
Breast cancer

Dear Dr. Rath

My name is Bozena Herzner. During an examination on 28.3.2005, a mammary carcinoma was found in my breast, and this was confirmed in mammograms and blood tests on 6.4.2005 and 12.4.2005. No metastases were found.

After diagnosis I underwent breast-conserving surgery. According to my medical records, on removal the carcinoma was found to be deeply embedded within healthy tissue. I dispensed with all chemo- and radiotherapy, and also with hormone-inhibiting medicines. Directly after surgery I took cellular nutrients and am still taking them to this day.

Further mammograms on 23.3.2006 and 15.11.2006 showed that no secondary carcinoma developed, nor did any relapse occur.

Besides using cellular nutrients I also changed my diet. I started with food combining and I eat only organic food. I attribute my health to all these measures.

My follow-up care chart from 2005 to 2011 shows that no subsequent deterioration occurred in my state of health.

I am glad that I pursued my own path, and I’d like to encourage others to do the same!

Yours sincerely

Bozena Herzner

Medical reports for Mrs Herzner are documented on the following pages.
Medical report for Bozena Herzner dated 6.4.2005, confirming that she had breast cancer.

CEA and CA are so-called “tumour markers” measured in the blood.

Assessment: Mammary screening of right side showed invasive ductal mammary carcinoma (G2, score 6).
Medical report for Bozena Herzner, dated 15.3.2006, confirming that no breast cancer can be detected.

Assessment: Following mammary carcinoma on right side and surgery, no further indication of secondary carcinoma or relapse.

Medical report for Bozena Herzner, dated 14.11.2006, likewise confirming that no breast cancer can be detected.

No suspected malignant tumour.
Dear Dr. Rath

I am very pleased to write to you to report on my experiences with cellular nutrients.

I heard about Cellular Medicine by chance in 2004. Since I felt very weakened by breast surgery, and chemo- and radiotherapy in 2000, as well as by a borreliosis infection in 2003, which may not have been properly treated, I saw Cellular Medicine as an opportunity to improve my health by natural means.

In February 2004 I attended an information event on Cellular Medicine in Leipzig, and learned many interesting things about this approach. I was struck by the clear presentations and accessible information material, with reports from grateful patients who had regained their health, and so I immediately started taking cellular nutrients. Complemented by regular saunas, swimming, Nordic walking and fitness training, my current good state of health remains stable.

Despite my 77 years I am now very happy, and pleased at the success achieved by the Health Alliance. I very much hope you will gain greater publicity, and an ultimate victory over the rigid, conventional pharmaceutical industry. I feel renewed gratitude every day that I heard about your work.

Yours sincerely

Helga-Maria Leipnitz
Dear Dr. Rath

I fell ill with breast cancer in May 2007: the tumour was already 1.8 centimetres in size. Fortunately I knew someone who had herself had breast cancer, and had found cellular nutrients to be an excellent remedy. From her I obtained information material including a DVD with your series of lectures from 2007. The understandable, logical explanations helped me decide to undergo surgery to remove the tumour and then start immediately with a course of cellular nutrient treatment.

The tumour was removed at Berlin’s Charité Hospital. Naturally I was advised to have radio- and chemotherapy. I refused both and instead turned to cellular nutrients. None of the doctors agreed with this plan, of course, but they accepted my decision.

A few days after the operation I received the diagnosis that the tumour was a so-called inflammatory carcinoma – an inflammatory form of cancer with a very poor prognosis due to its metastasising mechanism. However, I kept to my decision. My gynaecologist was opposed to this.

Four years later, on 31 May 2011, I went for a check-up. My doctor said that he could find ‘nothing of concern’. My good state of health, due to cellular nutrients, left me optimistic throughout that I had made the right decision. And confirmation of this by the medical examination made this day the happiest of my life.

It is high time that I thanked you and your whole team, Dr. Rath, for your great endeavours and for the incalculable value of insights that have saved me much suffering and literally saved my life.

Yours sincerely
G.M.

Dear Dr. Rath

Ten years ago I was diagnosed with breast cancer that had also gone into the lymph nodes. Not for a moment did I contemplate amputation of the breast or chemotherapy.

I decided instead to take natural cellular nutrients, which I have been using successfully to this day. I also received mistletoe injections and took anti-oestrogens for three years, and homeopathic remedies. So far there has been no recurrence of cancer.

I feel well – except for the fact that I was given a new knee in May 2011, and had to take painkillers and anti-inflammatory medicines for five weeks. I believe that cellular nutrients helped me recover from the knee operation and get fit again quickly.

Yours sincerely
Erika Raetzer
My name is Bärbel Saliger. Twelve years ago, in January, I thought my life was at an end. The diagnosis of breast cancer pulled the rug out from under my feet.

Heavy chemotherapy sessions made me a wheelchair invalid. Then there were financial problems as well, and I was battling alone since the husband who had sworn to love me could no longer cope with me in the low state chemotherapy left me in. With just one breast he no longer considered me a woman. I could have had breast reconstruction, but I always say: If someone loves me, they will accept me as I am.

Now someone may ask: heavy chemo, wheelchair – how come she’s thriving now and looks so well?

Since 2001 I have been taking cellular nutrients. After only three weeks, the pains in my legs faded. After a month I said: “Cheerio wheelchair!”

In March 2002 I celebrated my birthday with my whole family. After agonising months, my father gave me his hand for the first dance. He was 83 on 30 October, and on 29 September heard that he had cancer. His doctor told him he would be having chemo or radiotherapy after surgery.

My father immediately refused this, relating the bad experiences I had gone through with these forms of treatment. He had watched me suffering. He decided to take cellular nutrients, for he too had repeatedly been astonished at the way I was getting my life back after such difficult times.

For my 60th birthday we will both open the dance. And there will be another special reason for celebration: in February my daughter gave me the gift of my first grandchild.

I can only say, to anyone who is still doubtful about Dr. Rath and his team, that chemical concoctions are only good for those who make money from them. I thank you, Dr. Rath and your team.

I also want to thank Werner Pilniok and his wife who encouraged me to take the right course of action at the time, and who remain my very good friends.

With warmest regards, your Bärbel Saliger
Breast cancer

Dear ladies and gentlemen

In May 2007 I received the greatest shock of my 66 years. I had felt a lump in my breast for a while. My naturopath sent me to the gynaecologist, who in turn sent me to the hospital. All the preliminary tests, and a biopsy, showed that the lump in my right breast was a cancerous tumour, measuring around 3 centimetres – it was slow-growing and not aggressive.

The subsequent breast-conserving operation with removal of the tumour and surrounding tissue went well, without complications. Before surgery, and after it too, my general state of health was very good. All tests and my blood count were in order. After my 8-day stay in the hospital, I was told that follow-up care would include three cycles of chemotherapy and 28 radiotherapy sessions.

As soon as I knew that I had breast cancer I was absolutely clear that I would not submit to chemotherapy or radiation treatment. My decision met with fierce opposition from the doctors at the hospital. My husband was present at all consultations and supported my decision. When we asked about other forms of follow-up care, the doctors were unable to offer anything else!

I was therefore discharged from hospital and was initially happy and relieved that I had got rid of the tumour. I was clear that my ‘follow-up care’ would be based on Cellular Medicine; and I have been taking cellular nutrients regularly ever since.

To sum up: All regular check-ups since then have shown positive results, with no sign of cancer. Even a major follow-up examination in the hospital in February 2011, including ultrasound and a rigorous blood test, was absolutely fine – to the doctors’ astonishment – with no pathological findings.

The doctors were so surprised that they had the tests repeated twice by various different specialists in the breast cancer department.

I have frequently passed onto others my experiences with Cellular Medicine. These patients too reported back to me on their outstanding success and confirmed their recovery.

Since I and my family are thriving on our daily intake of cellular nutrients, and feel well, we can recommend this mode of precautionary healthcare with a very good conscience.

In the hope that we will continue to maintain our good health for many years to come, I remain

yours, with best regards
Rita Strauch

Frau Strauch’s medical report is documented on the following page
Medical reported for Rita Strauch, dated 30.5.2007, confirming breast cancer diagnosis.

Diagnosis: Right-side mammary carcinoma
Frau Strauch also kindly sent her “patient information sheet” – a document that has to be signed by every patient before radiotherapy can be carried out. The side effects listed in it, including the development of further cancer (which it describes as “secondary growth” to make it seem less important), give a striking sense of the current impasse in which modern cancer treatment finds itself. (The full sheet is available).
Breast cancer

Dear Dr. Rath

The continual good health I have enjoyed in recent years has led me to update an earlier letter I sent you about my experiences, and send it to you once again.

I am now 64, and almost twelve years have passed since the “breast cancer” diagnosis, followed by surgery, chemo- and radiotherapy. I am still well – though that hardly does justice to it. In fact I am even better than I was nine, ten and more years ago!

When I received the “breast cancer” diagnosis in 1999 I felt despair, and my consultants’ efforts to reassure me were of little help. Barely two years before this I had come through a complex gastric operation. Were things about to get even worse?

Fortunately all took a turn for the better – two books by you, Dr. Rath, made it easy for me to decide to start taking cellular nutrients alongside clinical treatment. I was able to avoid all the feared side effects of chemo- and radiotherapy by using cellular nutrients. My hair didn’t fall out but actually grew thicker – a fact that astonished my hairdresser.

This was in March 2000. In the years following my last chemotherapy treatment I stopped taking any pharmaceutical drugs, having decided I would rather be naturally well than pharma-sick!

In a few weeks’ time it will be 2012. All medical examinations - tumour marker and blood tests in November 2011 – have been very satisfactory. Little aches and pains are fully under control, and I combat them by natural methods.

My husband and I have both long since recognised that there are natural alternatives to pharmaceutical drugs and conventional therapies. It really is high time that other people realised this, and took the opportunity to improve their lives. What I keep saying to people is this: Health isn’t the be-all and end-all, but without it all’s at an end!

And precisely for this reason we are going to keep working for a new, better health system, for the Health Alliance, and above all for you Dr. Rath!

Once again, Dr. Rath, we offer you our appreciation and thanks for your exemplary commitment and your battle to create a healthy world. As ever, we wish you and your research team continuing success with your socially responsible research work.

Warm greetings
Your Anna-Luise Korkowsky
Breast cancer

My name is Hannelore Wagner.

On 28 June 2007, as required by my health insurer, I went for a screening test (mammogram). Around 14 days later a radiologist sent me a message asking me to contact her.

At this second consultation the radiologist did an ultrasound scan and took a punch-biopsy tissue sample. She told me this would be examined by a pathologist and that I would receive the result in a few days. However, she said she already knew the lump was malignant.

This diagnosis was like a blow to the head. I just kept thinking: “I have cancer.” The tears were streaming down my face as I drove home.

The following Tuesday I knew for certain: the lump in my breast was 7 millimetres in size. My gynaecologist advised me to have surgery as soon as possible. After thinking hard about it, I applied to a gynaecological clinic in Munich and underwent surgery there on 26 September 2007.

After a few days the doctor came to my bed and told me the pathologist had found no signs of cancer. She was unable to explain it. Once again I had to have a mammogram and magnetic resonance imaging. It turned out that the wrong lump had been removed! On the initial mammogram images there were two discernible lumps, and the malignant one was still there!

A few days later, after the second operation, I was discharged with notification that I would receive chemotherapy in the near future, and subsequently also radiotherapy. My gynaecologist explained what would happen. She said I would have to have five months of aggressive chemotherapy and then one month of radiotherapy.

However, I first wanted to try something else, since I had seen the effects of chemotherapy on my, sadly, late husband.

I had heard about cellular nutrients from my sister-in-law in 2003, and now immediately started to take them. From the first day onwards I have been feeling fine. That was four years ago, and I never regretted for a moment deciding against chemo- and radiotherapy.

I am proud and happy that instead I decided to take cellular nutrients, and would like to encourage everyone to do the same if they are diagnosed with cancer.

Medical reports and x-rays are attached.

**Assessment:** Invasive ductal mammary carcinoma


**Before**

**After**

4 years later: X-ray for Hannelore Wagner, dated 24.1.2011, confirming that no breast cancer can be detected.
Breast cancer

Dear Dr. Rath

I am 64. In 2000 I felt a lump in my right breast, and breast cancer was subsequently diagnosed. In July 2000 the right breast was therefore removed completely, and chemotherapy began about two months later – a hellish experience, during which I felt I was wasting away.

Up to December 2000 I submitted to four cycles of chemotherapy and, in the following months, a total of 25 radiotherapy sessions. My immune system was radically weakened, and for a few days I could neither eat nor drink, so that by the end of February I needed to recover at a health spa.

Good friends then told me about cellular nutrients, and I started carefully studying books and brochures about it. All I read struck me as incredible – that entirely natural medical help was indeed available.

Since March 2001 I have been taking cellular nutrients every day. After just four weeks I found that I was recovering quickly from chemotherapy, and my immune system has stabilised. For me it was like a miracle to take something, at last, that was effective but had NO SIDE EFFECTS.

It is not just that I am feeling very well, but the lab findings also give me a clean bill of health. I have conquered the cancer – and eleven years after the devastating diagnosis there are no longer any signs of it.

Since I started taking cellular nutrients, I have no longer caught flu or similar illnesses either, and still feel well. What more can one ask?

I also changed my diet and play sport regularly.

It is simply astonishing what a tough fight you have on your hands, Dr. Rath. I admire you and am very grateful.

With the very best wishes and regards
Your Marlies Schwietzer

Ovarian cancer

Dear ladies and gentlemen

In 2004, while searching on the internet, we became aware of Dr. Rath’s findings in relation to various cellular nutrient compounds. My mother had been diagnosed with ovarian cancer in 2003. The specific diagnosis was: Fallopian tube cancer right side FIGO III c, ED 11/03.

After surgery at the end of 2003, my mother was to undergo chemotherapy in the context of a research study. Because of her poor health after the operation, and leg paralysis, we refused chemo treatment. In the view of the doctors, without necessary chemotherapy my mother would have no more than 18 months to live.

My mother is now 82, and no further cancer was found at the six-monthly examinations. The last examination was on 5.7.2006, and after that we dispensed with further check-ups.

Today we are very pleased that we took the right decision (which was very difficult to make at the time).

Nowadays our whole family takes cellular nutrients as precaution.

Yours sincerely
B.B.
Dear Dr. Rath

In April 2000 I was diagnosed with uterine carcinoma, which the doctors said was aggressive. Luckily, no lymph nodes had as yet been affected. My womb and ovaries were removed. I was devastated.

During this time a friend told me about Cellular Medicine. I immediately got someone to bring me cellular nutrients at the clinic, and started to take them.

The doctors advised me to have several radiotherapy sessions after the operation, but I refused. I was worried that my bowel or bladder might be harmed. I went back to work just twelve days after the operation – I felt well.

Subsequently, I felt increasingly that cellular nutrients did me a lot of good. I have now been taking them regularly for ten years. All medical tests are clear, and my GP and gynaecologist are very pleased.

Although I am now 71, I am still very lively, youthful and energetic.

I am so grateful that you are there!

With many warm greetings
Your Hildegard Mayer
Prostate cancer

Walter Büttner is a good example of someone who consistently takes responsibility for his own health.

His motto is: Take destiny in your own hands instead of following blindly what others tell you; and this has stood him in good stead through the most difficult periods of his life.

How it all began

How would most of us react if a doctor, in a distanced, professional tone of voice, gave us the shocking diagnosis that we had advanced cancer? Such a statement usually triggers despair in patients, and makes them subject themselves, in blind obedience, to conventional, pharma-oriented medicine. No doubt this was what Walter Büttner’s consultant expected when he gave him this diagnosis in 2001. Walter Büttner did not conform to type, however, but replied in his usual calm manner: “So?” Visibly irritated, the doctor referred to the urgency of having surgery within the next few days. Bladder, parts of the small intestine and the prostate were affected, making it essential to remove these organs. Walter Büttner refused, despite the doctor urging this and suggesting that he would otherwise only have three months to live. Unimpressed by this threat, Walter Büttner pursued his own path, repeatedly refused surgery, and today – six years later – feels, in his own words, “healthy and fit as a fiddle”.

Finding his own way to health

Resignation and despair don’t suit him. Herr Büttner is someone who faces up to critical and difficult situations, and takes his own destiny in hand.

His professional career as a pilot has reinforced his willingness to act decisively and responsibly. Still today – as “unretired pensioner” – his special qualifications as expert on electrohydraulics and aircraft are called upon in the development of ultra-modern simulation technology, both in Germany and abroad. His professional work always required a high degree of responsibility and critical judgement, and naturally this stood him in good stead in relation to his own health.
“It was clear to me that the envisaged orthodox procedures – surgery and chemotherapy – were not for me. I was and still am convinced that chemotherapy using substances originally developed as poison gas and combat weapons would harm rather than help me. By lucky chance, I found out about Cellular Medicine.”

In fact, this chance had a name, and was the neighbour of one of Walter Büttner’s colleagues: Horst Ramershoven, a member of the Health Alliance for many years, met Herr Büttner shortly after his cancer diagnosis, and had a long talk with him, during which he explained the scientific foundations of Cellular Medicine.

Walter Büttner was convinced by the clarity and logic of Dr. Rath’s scientific outlook: “From the outset, Cellular Medicine was a key aspect of my ‘self-therapy’. This also included intense scrutiny of myself and my circumstances at the time. Focussing on and resolving professional tensions and conflicts was likewise an important step in healing myself by my own powers.”

Appeal to his fellow men

Today, Walter Büttner is a happy and active person, and continues to use cellular nutrients. He is proud and happy that he found the strength to pursue his own path of treatment, and feels the importance of sharing these experiences with others, and encouraging other patients.

We document his appeal on the opposite page.

APPEAL BY WALTER BÜTTNER TO HIS FELLOW MEN

“I would be very pleased if my own path could act as an example to others.

It is so important to recognise that we are responsible for our own health, and to take this responsibility seriously. Patients should never just blindly obey – however authoritative the person commanding.

Whichever course of action one ultimately decides to pursue, this will at least be the outcome of critical examination, and should also include questioning of the supposed unassailable truths of conventional medicine.
Dear Dr. Rath

My husband, born 1930 and I, born 1938, are well. Thanks for being there!

At the proud age of 81 and 73 we do not need any pharmaceutical drugs, thanks to cellular nutrients.

I had stomach cancer and was operated on in 2004. Thank goodness I did not receive any chemotherapy but “only” radiotherapy. Since then I have used cellular nutrients, quickly regaining my strength. So far I am very well, and the cancer has not returned.

My husband was diagnosed with prostate cancer in 2006. He did not accept surgery and also refused the chemotherapy offered to him. His doctors were very annoyed.

He also recovered well thanks to vitamin therapy, and so far has had no further complaints.

We, Family E. Geissler, would like to thank you, and wish the whole team, and Dr. Rath, much continuing success and the best of health.

Thank you!
Your family E + E Geissler

Dear Dr. Rath

In March 2003, during a routine check-up, my doctor found my PSA levels were much increased. After this a biopsy was taken, and I was diagnosed with “medium-aggressive cancer”.

Around the same time I heard of the positive effects of cellular nutrients on cancer. My urologist recommended radiotherapy, but I decisively rejected this idea.

I used cellular nutrient therapy, which brought the hoped-for outcome. To begin with I included apricot kernels in this regimen.

In March 2004, I had my PSA levels measured for the last time, and they stood at 36. Since then I have had no more such tests.

Over eight years have now passed since the cancer was discovered, and I have absolutely no further complaints.

In the past I also used to suffer from tonsil and gum inflammations. Both these conditions have disappeared too. I don’t even get flu any more.

With warm thanks to you and the research team, and many greetings
Your Werner K., Münchenstein
Prostate cancer

Dear Dr. Rath!

At the end of 2008 I had breathing problems and anxiety attacks. The doctor diagnosed cardiac insufficiency (heart weakness) and I was given medication. This went some way to resolving the problems. I returned to work and went to the gym regularly. But during a balancing exercise I fell and broke my fourth cervical vertebra. Surgery had to be postponed due to the medication I was on. While waiting, I got a severe infection in the hospital, and the operation had to be postponed until the infection had subsided and my blood levels were OK again.

Questions kept surfacing and I was very doubtful whether everything was really in order. I was working, working out, and taking my medication; and I went on holiday. Suddenly, as if from nowhere, I had terrible back pains. Still in Ticino, I went to the emergency department at Locarno Hospital, and was given painkillers, and advised to get an examination on my return home to find out the cause of the pain.

At the hospital and at my GP’s surgery I was told it could be due to soft tissue rheumatism. I was again given painkillers – but they didn’t really help. Over time I found that passing water was also becoming painful. I was feeling worse and worse: continually plagued by pain and losing weight. However, I hoped that each examination I attended would bring a solution.

I decided to go to my GP, who knew my whole case history. He did a blood test and then referred me to a urologist. The urologist did an ultrasound test and took blood for further tests. He found problems in the prostate area. I was also referred to Zurich University Hospital for a bone radio-imaging test.

The tests showed worrying findings: prostate carcinoma and widespread metastasis throughout the bones of the trunk. My subsequent discussion with the urologist did not come up with a satisfactory solution. However, a colleague at work told me about the possibility of natural therapy, and obtained extensive advice for me. I also received information about cellular nutrients. After long discussions with my partner, I decided to pursue the path of Cellular Medicine.

Today I can truly say that I am pain-free: I no longer need painkillers and feel generally lively and well. The check-ups are no longer worrying, and I enjoy my life as a pensioner. PSA levels are measured every six months, and they have fallen from 707 to 268, and then further to 44. The last reading showed a level of 19. A bone radio-imaging test will be done again in the near future, but I am not in the least worried about it: in fact I look forward to the results.

It is important to use cellular nutrients in a rigorous way. There really is a risk that one starts to be a bit lax when one feels better. It is a long-term application that should be strictly adhered to.

My partner supported me in whatever way she could, particularly when it came to strict use of cellular nutrients. Regular contact and discussion with my advisor was also very helpful. I am glad that I went down this route, and therefore suffered no deleterious side effects.

I would like to thank you warmly Dr. Rath for your work, and that of your team. Without your research and tireless commitment, many people might no longer be alive.

With warm greetings
Your Max Baur
Prostate cancer

Dear Dr. Rath

In the spring of 2008, due to ongoing back and stomach complaints, I went to the hospital for a check-up. My troubles were ascribed to gall stones, and these were surgically removed. However, this brought no improvement. On the contrary, a few weeks after the gall stone operation, I found myself incapacitated and unable to walk, alongside the pain.

A further examination at the hospital finally brought to light the real cause of my bad state of health. Tumours in the spine were responsible for laming me, and were diagnosed as metastases of a prostate carcinoma.

According to the doctor, immediate surgical intervention was needed on my spine if I was not to face a life confined to the wheelchair.

After surgery and radiotherapy, I and my family were told that I must prepare myself for my imminent end, since the cancer was so advanced.

I refused the chemotherapy I was offered and instead started to take cellular nutrients. As accompaniment to this I drank various herb teas in alternation as indicated in herbalism: green tea, equisetum, rosebay willow herb and stinging nettle. I also took apricot kernels because of their B 17 content.

I am now in a stable condition, almost without pain – as one can see from the attached medical report. I will leave it to others to decide what they think of the verdict by specialists three years ago that I did not have long to live.

I would like to thank the whole Dr. Rath team for their wonderful work, and wish them the very best success for the future.

Warm greetings
Siegfried Obereigner
Prostate cancer

Dear Dr. Rath

About two-and-a-half years ago I was diagnosed with suspected prostate carcinoma. The orthodox medical treatment resulting from this diagnosis – biopsy, surgery, rehab etc. – was not something I wished to embark on.

I therefore decided to use cellular nutrients, alongside another alternative therapy. At the same time I think it is important to take one’s own health in hand and to change one’s own circumstances and lifestyle accordingly.

All in all, this seems to have been successful so far, for I am feeling well.

Yours sincerely
Dr. W. M.
Basic knowledge about leukaemia

Leukaemia is another common form of cancer.

In chapter 2 of the book “Victory over Cancer!” an explanation is given as to why blood cancer (leukaemia) is one of the most common forms of cancer.

In healthy people, white blood corpuscles move through body tissue with the aid of so-called collagen-digesting enzymes. The production of these enzymes is limited in time, and only occurs until the leucocytes have arrived at their destination, e.g. a site of infection.

When leucocytes become malignant, however, these tissue-dissolving enzymes continue to be incessantly produced.

We can therefore now understand why leukaemia is one of the most common types of cancer.

Dear Dr. Rath

Following blood tests in 2002 my doctor gave me the devastating diagnosis of chronic lymphatic leukaemia. To begin with I was in despair, believing this would soon prove to be my death sentence. I calmed down a little after discussion with my family and my therapist.

Since I did not wish to undergo chemotherapy if possible, my therapist immediately advised me to take cellular nutrients, which I have been taking every day since then. I also attended a lecture by Dr. Rath at the conference centre in Zurich.

My blood levels (leucocytes and lymphocytes) stayed quite stable; and so far – and ten years have passed now - I have had no need of chemotherapy, and am very pleased and hopeful in consequence.

I am convinced that cellular nutrients have helped me in recent years and I continue to have faith in their health-promoting effect.

Yours sincerely
E.K.
Other types of cancer

Every part of the body can in principle be attacked by cancer. The possible causes of cancer are very diverse and multi-faceted. Key factors, in particular, are cellular nutrient deficiencies, unhealthy diet, psychological pressures, stress, environmental pollution (radiation, car and chemical emissions, pesticides, fungicides etc.), pharmaceutical drugs and suchlike.

Irrespective of the cause and originating organ of cancer, the disseminating mechanism is always the same: the production of collagen-digesting enzymes by cancer cells which thereby create their capacity to spread through the body’s tissues.
Cancer of the appendix

Dear Dr. Rath

I have been a faithful user of Cellular Medicine for over ten years. The reason for starting to take cellular nutrients was an appendix operation, following which I was diagnosed with carcinoma of the appendix. I turned down a further, medically recommended colon operation with subsequent chemotherapy, due to negative experiences amongst my friends.

Intake of cellular nutrients led immediately to two health improvements:

- My gums stopped bleeding, which they had always previously done when I brushed my teeth
- I no longer got so many colds and bouts of flu during the winter months

I am now almost 45, and no further cancer has occurred. The tumour marker CEA shows no pathological findings, and generally I am in very good health.

My mother, M.K., started to take cellular nutrients a few months after I did. She is now 77 and fortunately very sprightly. Her high blood pressure is mostly under good control.

Yours sincerely

H.K.
Dear Dr. Rath

I want to thank you from the bottom of my heart for your research work, and briefly tell you how I am now, and how helpful cellular nutrients have been for me.

In June 2009 I was diagnosed with carcinoma of the rectum. I was to undergo surgery and received chemo and radiotherapy beforehand, to make the carcinoma smaller. In the subsequent operation I was to be given an artificial anus (stoma). This would have severely impaired my quality of life, and I would probably not have been the same person I used to be.

I underwent chemo- and radiotherapy (though reluctantly) but took cellular nutrients and high-dose vitamin C injections to accompany the treatment.

I am convinced that the cellular nutrients a) made the chemotherapy tolerable for me and b) made a major contribution to the final outcome.

In a consultation before the planned operation, the doctor told me that the tumour could no longer be detected. Nevertheless I was due to undergo colostomy surgery the next day. Since the clinical findings showed that none of the tumour could be detected apart from a small remnant, I refused the operation, and instead continued to take cellular nutrients on a daily basis.

At my daughter’s urging, after almost two years I underwent another colonoscopy, which found NOTHING at all. The doctor said that I no longer had any cancerous tissue.

If I had allowed myself to be intimidated by the doctors, I would today have a hole in my stomach and a colostomy bag – quite unnecessarily so. I am a hundred percent certain that cellular nutrients helped me a great deal, and I am also endlessly grateful to you! Today, at the age of 69, I still feel very well.

If there were more people like you, more people like me could probably be helped.

During convalescence in a clinic I had to witness that patients are not well-fed, but given food without any real vitamin content that might help them recover. We were continually offered meat and sausage – which in my view is unacceptable.

Particularly in the case of colon cancer one should avoid meat because it easily ferments in the digestive tract.

I am convinced that many people would recover more quickly if they ate fresh, healthy food.

My heartfelt thanks to you. I will continue to use cellular nutrients!

With sunny greetings
M.K.

Medical reports follow on the next pages.
Medical report for M.K. dated 17.7.2009, confirming colon cancer.

Diagnosis: Deep-seated rectal carcinoma

Two years later the patient had a check-up which found no evidence of the tumour. We have documented these reports on the following pages.

Although the patient asked us to give her initials only when publishing these facts, we have access, of course, to the full medical reports.
Following the check-up, which included colonoscopy and MRI (magnetic resonance imaging), the medical report concludes with the following summary:

“The findings give no grounds to suspect disseminated* tumour processes.”

* Spreading or metastasing
Colon cancer

Dear Dr. Rath

My dear wife fell ill with colon cancer over 14 years ago now. Friends of ours recommended cellular nutrients, and today we are both well.

I decided to take cellular nutrients too, in sympathy – and now I enjoy the same good health as my wife, and am very pleased. We take our ‘dose’ every day with meals. We also pass on our experiences with this ongoing theme of “health” in our discussion group.

Of course my “statutory” health insurer refused to help with the costs of this provision. They had no wish to acknowledge that we scarcely need to call on their support any more.

It would be a good thing if chemotherapy could be replaced by micronutrients.

With good wishes to the team
Your
Rudi & Christel Kressner

Colon cancer

Dear Dr. Rath

Ten years ago I had aggressive cancer of the colon, and 35 centimetres (about 14 inches) of my intestine were removed.

At that time, unfortunately, I did not yet know anything about the potentially positive effects of cellular nutrients, and although no metastases were present, I allowed myself to be persuaded – I really have to say unfortunately - to have chemotherapy.

After a year-and-a-half a doctor in Salzgitter told me that one might achieve a positive outcome with high-dose vitamins even without chemo. Since then I have sworn by Cellular Medicine, and I am very well indeed! My GP, who does an annual blood test on me, asked me what I was taking since my blood levels were so good – and I told him.

I also try to buy products at the supermarket without E numbers. This is very difficult but it can be done.

My cancer operation was ten years ago, and I feel very well.

And so I thank Dr. Rath and all his helpers for their research work! To the end of my life I will use natural remedies. People don’t believe that I am 70 – they think I might be about 55. I never smoked either. Usually I feel strong enough to uproot trees!

Yours sincerely
Your Renate Lai
Colon cancer

Dear Dr. Rath

Cellular nutrients have saved my life.
Firstly, they made my life possible again after a heart attack. The doctors were predicting that I would not live very long – but many years have passed since then. In 1991 I suffered a heart attack. In subsequent years I was given three dilatations and in 1993 even a stent.

Despite a daily dose totalling ten pharmaceutical drugs, my heart attacks did not diminish. After I learned about cellular nutrients in 1994, and from then on took them instead of pharmaceutical drugs, the heart attacks grew fewer. After about half a year they stopped altogether, and my heart capacity got better and better.

Secondly, after my colon cancer, a malignant tumour, cellular nutrients helped me regain my health. I received this diagnosis in 2009. The tumour was surgically removed along with 36 centimetres (about 14 inches) of intestine and a stoma inserted. At the time the doctors were unable to understand that there were no metastases. The anaesthesiologist even asked me whether I was taking cellular nutrients, since this type of cancer is usually very aggressive.

Fortunately, after about a year, it was possible to reverse the stoma procedure again.

For several years now I have been completely free of cancer through using cellular nutrients. I am now 78 and feel very well. I owe all this to you Dr. Rath, and I thank you most warmly for it.

Yours sincerely
Hermann Lehnert

Colon cancer

Dear ladies and gentlemen

In 1999 I fell ill with colon cancer and was operated on in August of the same year. Following subsequent check-ups in 2001 it was discovered that a metastasis had migrated to my lungs during the operation and had grown into a new tumour there. During further surgery the top left lobe of my lung was removed.

After surviving the operation, a good friend suggested I find out about Cellular Medicine online. I was very interested and, after an advisory session, started to take cellular nutrients.

After a couple of months I had the feeling that my general state of health had improved, and this was confirmed in subsequent check-ups.

Colonoscopy and MRI scans resulted in no pathological findings. My GP also told me that my test results were on a par with those of a healthy person, and that I could be considered cured.

Since then I still continue to take cellular nutrients, and feel very well.

Yours sincerely
B. Rohrbach
Colon cancer

Dear Dr. Rath team

In 2000 I received a devastating diagnosis: aggressive colon cancer. I had to undergo an operation immediately. A year later a liver metastasis was discovered, which likewise had to be operated on.

I started searching for ways of supporting my body with natural substances.

In 2002 someone recommended Cellular Medicine to me, and I found it convincing.

I placed my trust in cellular nutrients and am sure that they helped me to recover my health. Naturally I also changed my diet.

Happily I can report that I am well. To ensure things stay like that I will carry on in the same way.

At every opportunity I recommend cellular nutrients and tell people about my good state of health. I am so convinced that I now work in the Health Alliance and am glad to help others by providing education and information.

Yours sincerely
Lore Krenedics

Colon cancer

Dear Dr. Rath MD

In 2002 and 2003, I had to undergo two colon cancer operations, with stoma. The last reversal of the procedure took place in August 2003.

Since then I have been taking cellular nutrients on a daily basis, and find I have no complications affecting my digestion, let alone any recurrence of the colon cancer.

I attribute this fact to regular use of cellular nutrients.

Yours sincerely
K.-R. T.
Dear Dr. Rath

In August of this year I will be 75. When I was about 60 (1996) my GP found blood in my urine.

Subsequently a urologist did an endoscopy of my urinary tract, and diagnosed bladder carcinoma. In the following eight years I underwent eight operations to remove the tumour. Each year it grew back again with continuous regularity.

Until... yes, until, due to a misdiagnosis by the urologist who had treated me so far, I changed doctors. At a check-up he had failed to notice the presence of a tumour in the bladder.

After an endoscopy, the new urologist I had chosen found a tumour in the front of the bladder, and explained the misdiagnosis by the fact that until then the focus had been only on the rear bladder wall, so that the tumour was not noticed.

At the hospital – also a new one that I chose! – I was operated on twice in five weeks, since the danger of bladder perforation meant that just one operation was not possible. Subsequently, at the recommendation of the chief urology consultant, treatment with Metamycin was started in order to prevent the tumour from growing back again. This was a kind of localised chemotherapy, since the substance was injected straight into the bladder and had to stay there for several hours.

Seven years have passed since then without any detectable recurrence of the bladder tumour. My bladder was checked a total of 35 times by a urologist, using endoscopy. By nature I am rather sceptical, and my anxiety after every check-up remains, until the good results come through.

But now to you, Dr. Rath! Around the time of my last bladder operation an acquaintance told me of the positive effects of cellular nutrients. Since then I have been taking them regularly, and am pretty sure that they prevented a recurrence of the tumour by strengthening my immune system.

For the sake of completeness I would also mention that my health lifestyle also includes other factors such as regular exercise, physical activity, healthy diet, enough fluids, and almost no alcohol. I am also a non-smoker!

I would ask you to use a pseudonym when publishing this letter.

Yours sincerely
G.B.
Sinus cancer

Dear Dr. Rath

Below I will give you a short account of how I came to cellular nutrients.

In 1998 I had angina. I was unable to walk even 30 metres without having to rest. My next stop was my GP. What did he prescribe? Betablockers.

My professional work had brought me into contact with a professor (of medicine). We often had conversations about illness. At each conversation he told me, “Let me warn you against chemo.” This comment encouraged me to look for natural remedies on the market. By chance I obtained your address. Within the first four weeks, cellular nutrients improved my health. After three months I was problem-free.

In 2007 I had to have surgery on a sinus tumour. After the operation, 30 sessions of radiotherapy were prescribed, which I refused. In the meantime I had had good experience with cellular nutrients. In addition I received vitamin C infusions from a naturopath.

I am well, and the illness never returned.

Yours sincerely
Otto Hölzemann

Indications: Condition following nasal sinus exploration on both sides with rhinoplasty following histologically ascertained adenocarcinoma of the right nostril and nasal sinus.
Medical report for Otto Hölzemann dated 26.4.2011, confirming that cancer is no longer present.

Findings (extract):

No evidence of intracranial tumour mass.
No evidence of pathologically enlarged lymph nodes.
No evidence of bone changes indicative of malignancy.
No evidence of tumour mass in the thoracic sections included in imaging.
**Thyroid cancer**

**Dear Dr. Rath**

First of all I would like to thank you for your outstanding work and commitment!

I have been using cellular nutrients for the past eleven years with complete satisfaction. Back then I was diagnosed with thyroid cancer, and had to undergo two operations which filled me with anxiety and uncertainty. I was devastated. Then a friend told me about you.

I followed the principles of Cellular Medicine and soon felt better.

At the clinic I met a couple of women who had also been using cellular nutrients with great satisfaction. I also told the professor about this, and he said this was a good thing and I should continue. Now I felt absolutely sure.

Almost eleven years have passed since then. The 10-year check-up is now behind me. My body is free of disease, and thanks to cellular medical treatment the illness never recurred.

I wish you much continued success with your research, and hope that you will be able to go on helping many more like me.

With warm thanks
Your Antonia Pail

**Kidney cancer**

**Dear Dr. Rath**

I have been a cancer patient since 1993 (metastasing kidney carcinoma). In October 1993 my left kidney was surgically removed, and then in 2003/04, metastases in the right buttock, left thigh and both lungs. After surgery in December 2003, chemotherapy followed in January/February 2004, but this had to be stopped again after two sessions since three further operations were due.

After this I decided to pursue biological cancer therapy based on cellular nutrients. I gathered extensive information about scientific findings relating to the use of cellular nutrients, and reports by those who had used them. I also completed the basic and further training course at the Dr. Rath Health Alliance, and took an active part in many Health Alliance events.

“Biological cancer therapy” was accompanied by regular radiological tests and blood analyses. These confirmed that my health was stable, thus demonstrating how effective my chosen therapy was. At 75 I now feel in a good state.

I am convinced that cellular nutrients, which I have been taking since April 2004, have had a very positive effect on my overall health.

This is why I am a member of the Dr. Rath Health Alliance, and have also passed my experiences on to others, to good effect.

Yours sincerely
Professor Dr. Manfred Reiss
Lymph gland cancer

Dear friends

I would like to tell you about my wife’s state of health:

My wife, Marthe Robert (born 1929) was diagnosed with lymph gland cancer in 2002.

As usual (!) chemotherapy was prescribed. However, this affected her so badly that it was stopped after six treatments (rather than eight). This led to a week in hospital with acute shingles.

It seemed the doctors had no other choice than to prescribe radiotherapy. But when we heard that her whole body was to be exposed to this treatment, which would, at the same time, have led to nerve damage, we decided against it. This was also because we had started to take cellular nutrients at this time, at the recommendation of a Dr. Rath Health Alliance advisor.

Two years later she had a relapse. We found another doctor who seemingly gave “gentler” chemotherapy in his practice. This time my wife coped well with the treatment (without losing her hair).

The doctor later told us that in the case of recurrence there was usually only a 25 percent chance of recovery. However, already during treatment, and also at its conclusion, the results were good. Clearly the cellular nutrients had helped bring about a cure. After five years (with annual medical check-ups) my wife was at last well again.

Now seven years have passed and – by God’s help too – we are in the best of health, for which we are very grateful.

Yours sincerely
A. and M. Robert
Lung cancer

My name is Werner Pilniok

In September 1999, during a routine x-ray, I was diagnosed with a fast-growing lung tumour. According to the doctor, a pneumologist, this tumour measured 1.5 x 1 centimetres (0.6 x 0.4 inches). I underwent a series of further tests, after which the doctors recommended surgical intervention and removal of the whole lung section where the tumour was situated.

But since I suffered from heart disease, an operation would have been very risky for me. I therefore started to look around for alternatives. I read about the research by Dr. Rath, who was studying the role of cellular nutrients in natural treatment of cancer and other illnesses.

I decided to cancel the planned operation and to give micronutrients a chance. From October 1999 on, I supplemented my diet with a large quantity of micronutrients.

On 3 April 2000 I had a CT scan which showed that the tumour found six months before had disappeared! My doctors couldn’t believe it. They asked me to come back again a few days later, since clearly they thought the scanning machine must be faulty. But the new scan showed the same result – the tumour was no longer there.

This was more than a decade ago. In 2011 I celebrated my 80th birthday in good health. Thanks to micronutrients I hope to live many more years still.

Werner Pilniok
Lung cancer

Dear Dr. Rath

Six years ago, in May 2005, I was found to have lung cancer, and my top right lung lobe was surgically removed. Since then I have been taking cellular nutrients. My state of health is very good, and above all stable. I am not taking any additional medicines. The lung specialist whom I go to see regularly is amazed at my recovery.

My wife is also taking cellular nutrients and, since she began, has no longer suffered from heartburn and stomach pain. Her digestion is in order again. My daughter also swears by cellular nutrients, which she has been taking for a year now. Her allergy is much better and she no longer gets colds although she is in daily contact with patients.

In conclusion we can say that we are all in much better health. I hope that this continues.

Yours sincerely
Rudolf Schernhammer
Cancer of the parotid gland

Dear Dr. Rath

My name is Bozana Schneeberger. I live in the Tyrol but was born in Croatia.

In 2007, I was found to have severe cancer of the parotid gland. My world fell apart.

I was first operated on shortly after the diagnosis, in 2007. The surgery lasted for eight hours. Afterwards the surgeon told me that the tumour was interwoven with the facial nerve, and that he was unable to help any further. The tumour was 3.6 centimetres (about 1.4 inches) in size!

A week after the operation, my condition had further deteriorated. An MRI scan showed that the tumour had spread to an artery.

On 12.6.2007 a friend brought me cellular nutrients and I took a triple dose every day since my only hope was that it would help me, that it must help me, as it had helped others.

On 18.7.2007, shortly before my second operation, another MRI scan was taken. On the afternoon of the same day, the Professor told me that my tumour had almost completely vanished: only a small dot could now be seen.

I knew this would be so, and I immediately told him about cellular nutrients, which I always had beside my bed. The doctor was from Germany and said he knew who Dr. Rath was and that I should carry on taking them. After surgery my medical report stated: ‘Tumour-free’. At the time I said that I would like to meet Dr. Rath in person. On 18.2.2008, therefore, I got into my car and drove to Holland. I just wanted to have a picture of Dr. Rath, and to promise him that I will help others and tell them what cellular nutrients did for me, and how they work in the body.

I am very glad to have avoided chemotherapy – which does no good since it is just big business. I would like to advise everyone not to wait until cancer strikes but to prevent it with cellular nutrients!

Finally I would like to thank you Dr. Rath for giving me back my life so that I can tell my story to others.

Your Bozana Schneeberger
Non-Hodgkin lymphoma

Dear Dr. Rath

In 2005 my husband received the devastating diagnosis of cancer. He was operated on, since the doctors thought he was suffering from colon cancer. However this was not the case, and it later turned out that it was very malignant non-Hodgkin lymphoma.

My husband started with chemotherapy, but stopped it again after a while.

At the recommendation of my brother-in-law, Gabriel Lommer, we are now taking cellular nutrients.

In the meantime my husband is very well again.

I myself was thankfully never seriously ill, though my husband’s cancer was a very stressful period for me. I had high cholesterol levels, but got a grip on them thanks to cellular nutrients.

We feel fit and energetic and like working in our large garden. I myself am still working part-time in catering, after working in a bank for 35 years. I also often look after our three grandchildren!

The information you provide, such as Rath International and your Health letters, frequently contain valuable tips. In the meantime we have also been able to get a few friends very interested in Cellular Medicine.

Our day starts with cellular nutrients, and we are pleased that we can cope so well with our active workload.

Yours sincerely
The Schütt family
Non-Hodgkin lymphoma

Dear ladies and gentlemen,

On 1.4.2008 I was diagnosed with a tumour in the upper abdomen measuring 5.6 x 3.8 centimetres (about 2.2 x 1.5 inches), and a second tumour of 2 centimetres (about 3/4 inch) in diameter (CT scan). After undergoing all tests I was told that this was a grade 2 non-Hodgkin lymphoma of low malignancy.

I rejected the route of orthodox medicine involving surgery, chemo or radiotherapy in order to pursue my own path. I got information about cellular nutrients and started to take them at the end of July 2008.

Alongside this I used homeopathic remedies and was given vitamin C infusions. I did this for a year, and continued working full-time in absolute certainty of what I was doing.

On 6.10.2008 an MRI scan showed that the lymphoma had reduced in size to 4.5 x 2.3 centimetres (1.7 x 0.9 inches), and the second tumour to a diameter of 1.6 centimetres (0.6 inch). In other words, my decision had been right.

On 24.11.2010, the large tumour measured only 2.2 x 1.8 x 2.1 centimetres (3/4 x 0.7 x 3/4 inch), and the small one could no longer be detected at all.

My goal is clear and I will carry on. I feel very well, and am happy that I took this route.

Yours sincerely
Edeltraud Schwörer
Edeltraud Schwörer: At the check-up 1/2 a year later, the tumour only measured 4.5 x 2.3 cm (1.7 x 0.9 inches), and had therefore diminished considerably in size.

Summary of findings and assessment: The para-aortal tumour mass on the left side, at the level of the kidney hilum, now measures 4.5 x 2.3 cm in the MRI scan, and is clearly regressing compared to the previous examination. The more caudally situated lymph node now measures 1.6 cm and is thus likewise regressing. Kidney cyst left, of no concern. No other detectable symptoms.

Edeltraud Schwörer: At the check-up three years later, the tumour had shrunk still further and now measured 2.3 x 2.1 x 1.8 cm.
Acknowledgements

Heartfelt thanks to all patients who had the courage to share their experiences in this book.

Our special recognition goes to all patients, young and old, who had no opportunity to fight their illness, and who might have had a chance if they had not wasted so much time in the dead-end of conventional medicine.

Our thanks to Dr. Rath, Dr. Aleksandra Niedzwiecki, director of our research institute, and our whole research team, who have corroborated this medical breakthrough with creativity and persistence. Our special thanks goes to Dr. Waheed Roomi, head of our cancer research department, who has been undertaking and supervising these important experiments for over a decade. We also thank Dr. Shirrang Netke, Dr. Vadim Ivanov, Dr. Raxit Jariwalla, Nusrath Roomi and Tatiana Kalinovsky for helping this innovative research to progress and develop.

A very special thanks to Manja Heidemann for her work in compiling this book, and to Renate Ottofickenstein and Bernd-Ulrich Rüller for their assistance. We thank Jörg Wortmann for his work on the layout and Anke Wartenberg for proofreading.

Special thanks to the many thousands of members of our international Health Alliance, which has been supporting our research work for over a decade. Without them this breakthrough would not have been possible.

Finally we would like to thank all those whose scepticism and resistance has provided an invaluable stimulus to our own motivation.

Dr. Rath Health Foundation

Appendix

Publication of our findings

PROSTATE CANCER


TESTICULAR CANCER

BREAST CANCER


Appendix

**CERVICAL CANCER**

**OVARIAN CANCER**


**COLON CANCER**


**BONE CANCER**


**PANCREATIC CANCER**

**FIBROSARCOMA**


**KIDNEY AND BLADDER CANCER**


Modulation of Human Renal Cell Carcinoma 786-0 MMP-2 and MMP-9 Activity by Inhibitors and Inducers in Vitro. M.W. Roomi, V. Ivanov, T. Kalinovsky, A. Niedzwiecki, M. Rath *Medical Oncology* 2006; 23(2): 245-250


**SKIN CANCER**


**OTHER TYPES OF CANCER**


Inhibition of Pulmonary Metastasis of Melanoma B16FO Cells in C57BL/6 Mice by a Nutrient Mixture Consisting of Ascorbic Acid, Lysine, Proline, Arginine, and Green Tea Extract. M.W. Roomi, V. Ivanov, T. Kalinovsky, A. Niedzwiecki, M. Rath Experimental Lung Research 2006; 32(10):517-30

**BLOOD CANCER**


**METASTASIS**


**ANGIOGENESIS**


Antiangiogenic properties of a nutrient mixture in a model of hemangioma. M.W. Roomi, T. Kalinovsky, M. Rath, and A. Niedzwiecki. Experimental Oncology – Accepted 10/26/09


**Further references:**


Hirsh J, An Anniversary for Cancer Chemotherapy. JAMA 2006; 296; 1518-1520.

Phang J.M. et al., The metabolism of proline, a stress substance, modulates carcinogenic pathways. Amino Acids, 2008; 35; 681-690


Henriet P et al., Contact with fibrillar collagen inhibits melanoma cell proliferation by up-regulating p27 KIP1. Proc Natl Acad Sci USA, 2000; 97; 10026-10031.

K. Almholt et al., Reduced metastasis of transgenic mammary cancer in urokinase deficient mice. Int. J. Cancer 2005; 113: 525-532


Order information:
“Victory over Cancer”
Part 1: Making the Unthinkable Possible
Part 2: Understanding History – Building the Future

Dr. Rath Education Services B.V.
Postbus 656
NL-6400 AR Heerlen

Tel.: 0031-457-111 222
Fax: 0031-457-111 229

Email: info@rath-eduserv.com
books@rath-eduserv.com
Website: www.rath-eduserv.com
Important websites

During reading this book you probably met some topics that you want to know more about. Here is a collection of websites which we helped to build. We can guarantee that the contents of these sites are independant from the pharma business with disease:

• **www.drrathresearch.org**
  The official website of our research institute in California.

• **www.drrathresearch.org/research/publications/cancer.html**
  Direct link to the cancer studies of our research institute.

  Online library for health professionals who are engaged in natural therapies and patients.